

We won't be at Cobblestone this Saturday but are scheduled to be there next Saturday (8/12). See you then!



Happy Friday, Farm Friends! Welcome August!

First of all, thanks so much to all of you who sent sweet notes and condolences about our dear Tony. Your kind words have meant so much. BB is doing fine - - just a bit lost without her brother, but she is getting used to being an only sheep again. And there's so much food out there to keep her busy.



Despite the date on the calendar, it sure doesn't look or feel like August out there. Yesterday's high of 71 was a real anomaly -- but we'll take it!



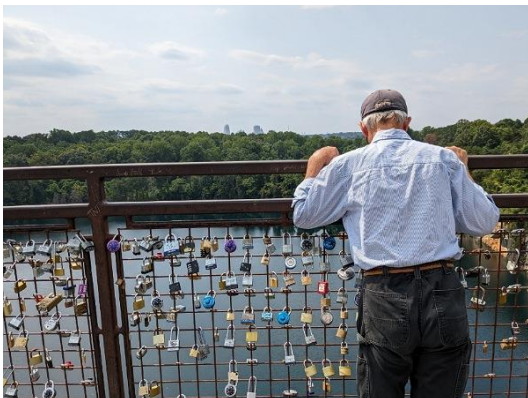
This week has been a bit different as Ray and I took a break for a couple of days. We had planned on going camping but that turned out to be too

complicated, so we decided on a little hometown vacay.

We've been wanting to go biking and Ray has been working on getting our bikes from Albuquerque back in shape. We decided to take them on a spin around [Salem Lake](#) -- reviews of that trail were quite positive and sounded like a reasonable adventure to get us back in the biking mode. It worked! Wednesday was beautiful and perfect for biking. The trail wasn't crowded and was just our speed. We are glad we chose this route over the [Salem Creek Greenway](#). Pedaling around the lake was so soothing and felt like a *real* vacation!



Heading back, we decided to stop by Winston-Salem's newest park -- [The Quarry at Grant Park](#). This incredible park features an overlook of the old rock quarry (with a somewhat fear-of-heights-stomach-somersault-producing metal grate floor) -- the views are worth the anxiety! And there is a newly added playground that had a group of kiddos having the time of their lives. Gotta schedule another trip there before too long!



It's been a great little break -- and with no market tomorrow, it will continue for a bit longer. Insert happy face here!

While we've been goofing off, Jonny and Elise have been hard at work checking off things on the to-do list we left them. Take a look!



Jonny got these beds prepped in Wally for fall carrots and arugula. We also have another bed he prepared for Summer Spinach. It's seeding time!



Elise got the main season slicer tomatoes ready to be lowered and leaned today. She pruned up the bottom leaves and got everything nicely cleaned up.

Our "Fruit" tomatoes have started to come in! Here is Cherry Blossom, one of our favorite cherries. Big beautiful trusses of tasty fruit!



Sometimes you miss a squash in your every-other-day harvest. In this case, I think it was missed for several days. How about a Squash o' Lantern?



At the end of last week, we got the early tomatoes cleared in Raz House. Their production we starting to slow (they were planted in early March) and some disease was creeping in. All the plants and debris were removed and the house was closed up to "heat clean" the area for a few days (the hot days of the weekend were great for that!). Now the house has been weeded and prepped and a new crop of tomatoes is being planted today. We are planting fall fruits -- Valentine, Red Pearl and other cherry and grape tomatoes. They should produce through Thanksgiving if we are lucky.



That's the news for this week, friends! In closing, here's another fun thing to add to your calendar. Tonight, [a/perture](#) will be presenting one of the films in its Big Backyard Movie Nights @ Crossnore. [Ratatouille](#), is the feature tonight -- one of our all-time favorites. The fun begins at 6:30 with activities (family friendly) and food trucks. The film begins around dark (~8 pm). And it's free! You might even see some of your favorite farmers hanging out there, too.

Until next week,

Cheryl & Ray

