

Get ready for your Labor Day Weekend festivities with lots of Summer favorites under the Purple Tent TOMORROW (8/31)! Roasted Sweet Peppers, Watermelon, Arugula, Potatoes, Eggplant, Okra, Tomatoes, Sweet Peppers, Green Chile, Summer Squash and MORE. Details Below.



Happy Friday, Farm Friends! August is almost over!



This week's Featured Friday Flower is Sweet Alyssum (*Lobularia maritima*). A beautiful flower with tiny white fragrant flowers, Sweet Alyssum is more than something nice to look at. This plant is an incredible [attractant for beneficial insects](#) such as parasitic wasps, lacewings, ladybugs and hoverfly. These beneficials do a great job at controlling many common pests such as aphids and hornworms in the garden.

We've included sweet alyssum in our high tunnel and field plantings for the past couple of years and this year we tried to really step it up. It's interplanted throughout the late season slicer and fruit tomatoes in Li'l Abner. Next year's plan? MORE!

7-6-5... Fall Plant Sale Countdown

We're just a week away from our BIG Fall Plant Sale! Cheryl has been putting finishing touches on all of the plants and getting them all tagged and ready to go home with **you!**



Jonny has been working on getting the Pavilion cleared and cleaned. This space is kind of like a garage or room in your house that doesn't have one particular function. Since it is multipurpose, things get stored there "temporarily" -- or at least until we have another event!



Well, the space is all nice and clean now. Like a blank canvas just waiting to be filled with paint -- or in our case, plants! Given the intense heat, we decided to wait until next week to move them from the greenhouse. Cool season plants aren't big fans of 98 degrees.

We've updated our plant availability list and have posted it to the [website](#). Check it out and make your list! And don't forget to mark your calendar for **Friday, September 6 and Saturday, September 7**. The sale will be from 10-3 both days.

How about a look around at some of what we've been up to this week, shall we?

It's Time for Our Weekly Field Walk

We keep plodding away at potato harvest. This year is nowhere near the record-setting harvest of 2023. It's a bit depressing but the crop was challenged by planting difficulties (our pieces were too large for the mechanical planter), deer damage (they've never eaten



potatoes before!) and weeds. Oh well...the taters are still tasty!



Our Romano beans are coming right along! Based on their current size, we should start harvesting next week

Our Chief Transportation Officer, Detroit, makes sure that the golf cart is always operated with complete attention to safety. He pays special attention to those kittens who want to jump in front of the moving vehicle!



Watermelons! Our little Sugar Baby crop this year has done pretty well. We had a few at market a couple of weeks ago and we have another round coming this week. They may have seeds but they sure are tasty!

Cobblestone Farmers Market Update

The forecast calls for a slight cooling on Saturday, so things look good for Market Morning!

We'll be bringing the greens for your salad delights. A new crop of young tender **Arugula** will be making its first appearance this season. We'll also be bringing more of the **Summer Spinach** - y'all snapped it up last week. It's not a true spinach -- it's actually an Asian Green that is great in salads or lightly sauteed. Sooooo good!

More **Fire-Roasted Sweet Peppers** will be on the table this week -- y'all gobbled up 'em up at the last market! They are good, aren't they? Ray will be roasting up another batch of Corno di Toro Italian Roasting and Pimento Peppers here at the farm. Then the roasted peppers will be packed in a vacuum-sealed bag. They can be frozen but enjoy 'em while they are freshly roasted!

We'll also have freshly harvested **Potatoes** including Nicola, Harvest Moon and LaRatte Fingerlings. Come and get your spuds!



Under the Purple Tent you'll also find **Sugar Baby Watermelons, Snacking Cucumbers, Eggplant, Okra, Slicing Tomatoes, Tomato Fruit Boxes, Summer Squash**, LOTS of **Sweet Peppers (Corno di Toro, Pimento, Lipstick, Lunchbox), Hot Peppers (Serrano, Jalapeno, Aji Amarillo and more), Green Chile, Poblano Peppers, Basil** and lots of **GARLIC including Sample Bags!**

We look forward to seeing you! [Cobblestone Farmers Market](#) is **open from 8:30-noon every Saturday**. It is located at 1007 Marshall Street SW (at the intersection of Salem Avenue). Plenty of parking surrounds market but make sure not to block entrances or park on grass or other landscaping. Just look for the **Purple Tent** when you get into the Market area -- we are next to the white building!

That's all the news for this week, Friends! It's almost Labor Day weekend and we know there are TONS of activities that are happening throughout our area over the next four days. One that caught our eye in this week's [Best of Winston](#) rundown of events is the [Piedmont Pops in](#)

[the Pit](#) concert on Sunday from 6-8 pm at the Coal Pit at [Incendiary Brewing](#) in [Innovation Quarter](#). The program is titled, *Summon the Heroes*. The concert will feature the music of heroes and heroines, from John Williams' Olympic compositions to the thrilling soundtracks of Marvel and Pixar action films! And it's FREE!

Sounds like a great way to enjoy a Sunday evening in Downtown Winston-Salem, don't you think?

Happy Labor Day and have a great Summer Weekend!

Until next week,

Cheryl & Ray

