

The weather forecasters are calling for a cool Saturday morning. We'll take it! Our market goodies will be set up under the shelter of the Tobacco Barn and we've got some great stuff for you. Freshly dug Potatoes, Picnic Peppers, Garlic, Sweet Peppers, Eggplant and MORE. Hours are 9-11 here at the Farm. Details below.



Happy Friday, Farm Friends! Happy August!



This beauty is the flower of the much maligned okra. Isn't she pretty? There is such intricate detail in this flower -- details that make it a special magnet for bees and other pollinators.

Okra is a member of the [Mallow family](#) of flowering plants. This group contains many well-known plants such as cotton, roselle and hibiscus. Many of these plants have a distinctive flower with a large stamen.

As the days get hotter, okra is in its happy place. Our plants are now starting to

produce -- but still not as prolifically as they will in a few weeks. Okra lovers, rejoice! And okra haters, just enjoy their beauty -- we won't make you eat the pods!



Two Tons!

Potato Harvest 2025 is in the books. Three-quarters of a mile of plants and eight varieties. And while it wasn't the largest harvest we've ever had, it was still very respectable! 4,000 pounds were picked up one-by-one. Our style of farming is very hands-on!

Our walk-in is now packed with potatoes, and we're ready to provide you with delicious tubers through the end of the year -- and beyond!

More Farmer Fun with Potatoes

Jonny created another potato masterpiece with a German Butterball he harvested on Wednesday. What should we name our new friend? Should we open a new line of Mr. Potatohead models?



Coming Attractions...



Let the Seeding Begin!

We got the shade cloth on the greenhouse on Tuesday which meant that Cheryl could finally start seeding for the Fall Plant Sale (9/5-9/6). It makes SO much difference to have that shade cloth in place -- yes, for the comfort of the farmer but mostly for the comfort of the seeds that are trying to emerge!

Cheryl kicked off the process on Thursday -- but of course, she needed some feline help.



Sometimes you need at least 4 hands to do this job properly!

Tomorrow's On-Farm Market Line-Up

Join us on **Saturday (8/2) from 9-11**. The forecast calls for 68 degrees at 9 a.m. What?!?

And yes, there will be more **POTATOES** this week! The **Potato Bar** will be trimmed a bit with **FIVE** varieties of potatoes for you. We don't want to confuse you with too many choices!

New this week are **LaRatte Fingerlings**! These are one of our most popular potatoes -- and for good reason. This special fingerling from France is similar to Banana, although the fine netting on the tan skin and the nutty flavor of the dark yellow flesh set it apart. It has a smooth and firm texture. These babies truly melt in your mouth. Roasted on the grill or in the oven.... mmmm, that's some good eatin'!



We'll have plenty of **German Butterball** and **Nicola** along with **Sangre** (red skin with white flesh) and **Plum Gold** (dark purple with yellow flesh). Mix 'em up or bag and tag with the variety name -- it's all good! We want to make you a true Potato Gourmet!

More **Picnic Peppers** this week! These sweet, crunchy little peppers have almost no seeds and are perfect for lunchboxes or snack time. Easy-peasy for chopping up for a sauté as well.



Also in the Pepper Department, we have lots of **Sweet Italian Peppers** along with **Jimmy Nardello Sweet Italian Frying Peppers**, **Shishitos** and **Pimento Peppers**.

And we'll have more delicious **Eggplant** and lots of recipes to help you showcase this beautiful and versatile veggie. Don't forget the **Bulb Garlic (Music and Lorz Italian)**, **Okra** and **Fire Roasted Green Chile and Poblanos**.

What about Tomatoes? Unfortunately, our harvest of **Slicer Tomatoes** has slowed to a crawl. Remember that heat wave we had back in May? Well, it resulted in a big decline in production. Insert Sad Face here. We'll have some but just not the quantity you (and we!) have come to expect.

That's all the news for this week, friends! Here's something fun to do for the first weekend in August -- the [Winston-Salem Food Truck Festival](#)! This event will be held on Burke Street (near the Dash Stadium) on Sunday from 3-8. Twenty+ trucks will offer a wide variety of food from Chesapeake-style crabcakes to cheesecake. There will be music and lots of opportunities for people-watching! Go try something new!

Have a great weekend!

Until next week,
Cheryl & Ray

